



# The SIN BIN!

This newsletter is a vehicle to cover all news, information, rumours and banter that is not directly related to activities on the pitch. It has been designed as an electronic document to fit a computer screen and not necessarily for printing as a physical document. If you have anything that you wish to see in The Sin Bin!, please feel free to submit it to [sam@kvgd.com](mailto:sam@kvgd.com) where it will be assessed, ignored or used at the editors discretion.

Welcome to the first ever edition of The SIN BIN! The Renegades RUFC information newsletter.

## Curry Night

13 Renegades arrived at *Spice World* for an all you can eat curry night on Wednesday 14th October. Many subjects were discussed and dissected along with many plates of fine spicy cuisine. We learnt that Jay has an infatuation with Frodo's ring, that Bev stores cheap French lager to share with his 'mates'. We talked about the club song, many possibilities were discussed from *Lynyrd Skynyrd* to the *Village People*. We talked about the worst bone-breaking injuries we had ever seen, prompted by Fabio's finger incident at Touch Rugby. We discussed how 'mental' Paperboy's new lady was and if she was going to be worth the hassle. Many other subjects cropped up but as we were the last group in the place and they were turning lights off, we took that as our cue to leave. The one abiding memory of the night is Beaky's one-liners which started bad and got worse through the evening. Apart from that it was a great social. Thanks to Bev for organising the event and all those who could make it for making it a fun and memorable night. Rik was later heard to quote "Didn't half make my guts churn and my ring sting the next day!" 'Nuff said.



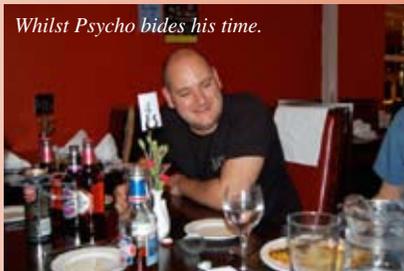
*Wreathed in the steamy fug of Spice World.*



*Bev is bravely first up to the hotplate.*



*Followed by Zig-zag and Glove.*



*Whilst Psycho bides his time.*



*The evening started slow ...*



*... then Beaky steps in with the one-liners!.  
Bob is embarrassed, Glove is amused.*



*Beaky's joke wasn't THAT bad ...*



*... oh yes it was!*



*Viva El Presidente!*



*TFM, looking smug because this time next week he will be in the South of France.*



*Bev, it's all your fault.*



*Who is Simon Sparks?*

## Renegades baby boom

Congratulations to Will and Becca for the birth of Benjamin. Weighing in at 9lb 3oz, at 11.45pm on October 2nd.



*New Dad Will looks tired.*

Congratulations are also due to Nolan and Ali. A baby girl, Rowan Eve, was born on October 16th weighing 6 lbs 6 oz.

It would seem that a baby boom is occurring within the ranks of the Renegades. Bev, Psycho, Beaky and Priceless are all expecting new arrivals. Were not just a potent force on the pitch ...

## WAGs Curry Night

Not wishing to be out done by their other halves, the wives and girlfriends of the Renegades are organising their own night out. Friday the 20th November is the night to avoid the *Curry Palace* in Cottenham. Only 6 representatives so far, so plenty of room for latecomers. Contact [sam@kvgd.com](mailto:sam@kvgd.com) if your other half is interested.

## Caption Competition

No prizes except for the kudos of having your smart-arse quote printed in the next SIN BIN! Send any entries to sam@kvgd.com.



## Wednesday night fitness

The all weather pitch has been booked for the 4th, 11th 18th and 25th of November. Time will be from 9-10pm and the cost to members £2 a session. There will be fitness and stamina training as well as learning some more dazzling moves with which to stun the opposition. Beaky urges all members to try and attend, although can't guarantee being there himself.

## Shirts and hats for sale

If anybody requires a spare club polo shirt, sizes available include one 4XL, one 3XL, five 2XL and six XL. We also have 4 pairs of sock and 10 club hats (as usually modelled by Nick 'The Hat' Wells. Please see Richard for prices and availability.

## London double header

Beaky is interested in organising a day trip to London on December 27th in order to watch Harlequins v London Wasps at Twickenham. Beer and banter will be in good supply so if you fancy a day away from the kids this Christmas, give Beaky a shout.



## Deuxieme Nord Merit Table

Pos.	Team
1	Cottenham Renegades
2	Saffron Walden 3
3	Cambridge Exiles
4	Biggleswade 2
5	Ely 3
6	St Neots 3
7	Cambourne Exiles
8	Sawston 2
9	Shefford 5
10	Royston 2
11	Newmarket 3
12	Cantabrigians 3



# Spot-the-ball